

## Second transnational training in Granada

In the week from the 21st to 25th of October, the second transnational Train-the-Practitioner Training of SymfoS for Youth Care project was held at the Faculty of Political Sciences and Sociology of the University of Granada.



Participants from all project partners attended: *University of Gloucestershire* (United Kingdom), *Hafelekar* (Austria), *Asociación Caminos* (Spain), *Colegio Oficial de Ciencias Políticas y Sociología de Andalucía* (Spain), *Asociación A3S* (Portugal) and the *Instituto Politécnico de Oporto* (Portugal), coordination being done by *Sozialwerk Düren* (Germany).

The participants received a theoretical and practical training on symbol work with young people, deepening their understanding of the methodology and experiencing firsthand how it improves the reflection skills of youngsters, allowing for better counselling and integration into society.



Basic Clearing, Islands of Emotions, Inner Images... The participants were able to learn and practice different full interventions, as well as smaller interventions they could exercise. Thus they obtained a wide spectrum of tools and competences to work with disadvantaged young people, in all kinds of situations. This way, they experienced how symbol work can strengthen the capacity of the young people they work with to reflect and express themselves, which is a necessity for personal growth.

Additionally, there was space to work with the different ways of applying the method which always tries to adapt itself to the client. They thus started to design different ways of adapting and transferring the SymfoS methodology to the objectives and necessities of young people of different social, family, educational and other backgrounds. Further, they worked on developing the necessary training materials for other professionals in the field of counselling and youth work to enable implementation of this methodology in their work.

In this way, the second transnational Symfos For Youth Care training was a successful meeting for the development of all action lines in the project.

[www.symfos-youth.eu](http://www.symfos-youth.eu)



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